

ANNUAL REPORT & FINANCIAL STATEMENTS



SCOTTISH MEN'S SHEDS ASSOCIATION

For the period: 1st April 2021—31st March 2022



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'In Scotland, For Scotland'

THE SMSA EXISTS TO INSPIRE AND SUPPORT MEN OVER THE AGE OF 18 WITH TIME ON THEIR HANDS TO BECOME ENGAGED, IN A HEALTHY WAY, BY VOLUNTARILY CREATING THEIR OWN MEN'S SHEDS IN THEIR LOCAL COMMUNITIES ACROSS SCOTLAND.

CHAIRMAN'S REPORT



Following a couple of very difficult years, we can now start to see light at the end of the tunnel with COVID-19 hopefully now under control. I honestly believe that we all owe the NHS a big vote of thanks for their non-stop efforts throughout the course of the pandemic.

Throughout this period, Sheds made every effort to maintain contact with members by using online conferencing facilities, phone and email but this does not replace personal contact or create the same camaraderie that is found in the Shed.

You may recall from last year's report that we appointed a new Administrator, Sue Salter, and I am delighted to report that Sue has settled in very well as a valued member of the team and been busy getting everything up to date and no doubt many of you have spoken with her already.

Talking about our team, we have also expanded by appointing Tim Green as our first Development Officer. Tim joined us in February 2022 and is no stranger to Shedders as he had been Shed Development Officer for Age Scotland for the past few years and certainly understands the ethos of Sheds. Jason, our Chief Executive Officer, and Michelle our Communications & PR Officer also continue to do exceptional work on behalf of the Association.

As a health and wellbeing movement, the SMSA Trustees unanimously agreed in October 2021 to introduce a four-day working week for all staff. These 'Wellbeing Wednesdays' are vital for our team to maintain a healthy work-life balance and this has proved to be beneficial to both staff and the Association as a whole.

Many things have happened during the past year:

- The SMSA published its first-ever Manifesto, which was circulated to all politicians and relevant stakeholders in Scotland, outlining our hopes and plans for the future. This was very well received.
- We partnered up with the charity 12 Guitars to run a competition which resulted in one young lady from Inverclyde winning an acoustic guitar.

- The well-loved Scottish Shedder magazine was complemented by the launch of a new bulletin entitled 'Shedloads of Opportunities' and made available to Shed members as an additional membership benefit.
- The SMSA and Scottish Men's Sheds were highlighted and commended during Westminster debates.
- We were delighted to have two Scottish Sheds recognised and win the prestigious Queens Award for Voluntary Service. Huge congratulations to Aberchirder and District Men's Shed and Westhill and District Men's Shed.
- We also managed to deliver the SMSA 'Scottish Men's Shed of the Year' 2021 first and second place trophies to mark International Men's Day in November. It is worth noting that the winner – Westhill and District Men's Shed was the very first Shed opened in Scotland so my sincerest congratulations go to all their Shedders.
- Our last Annual General Meeting had great key speakers with our Parton Sir Harry Burns, Professor Barry Goulding, Author of 'Shoulder to Shoulder' and Patron of the Australia Men's Sheds Association and Charlie Wallace, Scottish Veterans Commissioner and I am delighted to report that Charlie followed up his AGM contribution with a very successful visit to my own Shed, Garnock Valley Men's Shed.
- Jason and I were delighted to be invited to the inaugural meeting of the Global Men's Sheds forum which included the Chairs and CEOs of Shed Associations from around the world including Australia, New Zealand, Canada, USA, Sweden, Ireland, Wales, England and of course Scotland. This proved to be a very beneficial exchange of experiences and ideas and a platform that we are keen to remain a part of.

Having started my report by referring to "light at the end of the tunnel", I am delighted to say that most Sheds have now reopened albeit some are experiencing a slow return of members but I feel positive that this will steadily increase as confidence is restored.

May I in closing, express my thanks for the fantastic welcome that I have received when visiting Sheds be it to present awards or just to pop along and say hello—your kindness is appreciated.



CHIEF EXECUTIVE OFFICER'S REPORT



To say that this year has been unprecedented would be an understatement and in spite of the challenges and struggles of the pandemic, the SMSA rose to the challenge.

The SMSA became a member of the <u>Unforgotten Forces</u> consortium as we broadened our reach to educate and include as many men into the Scottish grass roots movement. In line with veterans transitioning back into the community, we saw the opening of the first Men's Shed in a Legion Scotland building as the HRH The Princess Royal officially opened the Banchory & District Men's Shed in Aberdeenshire.

We created our first <u>Manifesto</u> which has helped not only politicians but other organisations understand the role we play in being the central hub of the Scottish Shed movement. It is in these forged partnerships that we create new opportunities for our Shed members like the <u>Scottish Community Alliance</u>. <u>Community Learning Exchange</u> where new Shed groups can travel to and learn from existing Sheds. We negotiated a new partnership with the UK's largest suppler of tools, <u>Cromwell Tools</u>, to give SMSA Member Sheds discounts on their purchases. Another heavily discounted package through our tool safety partner <u>David Young Training</u> helped Sheds dust off the Covid cobwebs and get back into their Sheds safely. Ten Sheds also received life-saving defibrillators working with us through St Andrews First Aid.

We were successful in receiving £100,000 from the Scottish Government to supply Pathfindr safe distancing technology to Shedders so they could keep meeting safely. Part of this funding was also an Emergency Fund for Sheds who were at threat of closure due to not being able to generate funds through the pandemic and couldn't qualify for the Business Grant. One of our Manifesto aims is to create a Shed Development fund and this was the first step in that direction.

Finally, after four years of Scottish Shed research and many internationally-published and peer-reviewed papers by our partner **Glasgow Caledonian University** we finished the project with the Men's Sheds Research Showcase and launch of the invaluable **Men's Shed Toolkit**.

Professor Barry Golding—Patron of the Australian Men's Sheds Association and author of his second book 'Shoulder to Shoulder: Broadening the Men's Shed Movement', which we contributed to—was one of our key note speakers at our Annual General Meeting 2021. We also had excellent presentations and interactive sessions with our Patron Sir Harry Burns and the former Scottish Veterans Commissioner, Charlie Wallace.

I was delighted to represent the Movement in local and national events throughout the course of the year including the Education Scotland Webinar—Shed Movement Showcase In Our Scottish Schools and I was a guest speaker at Holyrood Insight's Adult Mental Health Scotland Digital Conference and Demystifying Social Prescribing for Men's Sheds: A Cross-Nation Event and was also interviewed by Westminster Insight.

As we continue to promote the Scottish Men's Sheds Movement—through our magazine 'The Scottish Shedder', our comprehensive website, social media channels, films and animations—we are increasingly approached by health professionals, researchers and Scottish Government departments to promote relevant surveys, consultations etc to men—often a hard-to-reach audience. This on the one hand is very good as they are taking an interest in men's health but on the other hand it has put pressure not only on our core staff but our members, so we will continue to strive to keep the balance with these requests.

It's been a very busy and positive year, not without its challenges and struggles, but I feel we have emerged from it stronger than ever before and look forward to the year ahead.

Jason Schroeder SMSA CHIEF EXECUTIVE OFFICER

TREASURER'S REPORT



INCOME

£112.734

Coronavirus had a huge impact on us, consequently it has been another financially challenging year for the SMSA.

These accounts for the period 1st April 2021 to 31st March 2022, reflect a period of lockdown easing and a gradual return to a 'new normal'.

As we saw Sheds reopen, it became evident that there was an increased demand for the Association's services and Men's Sheds were needed now more than ever in a post-pandemic world.

Subsequently, staff costs increased as the team was reinstated from two to three core staff members (Chief Executive Officer, Administrator and our Communications & PR Officer) to meet this

demand. In addition to this, in February 2022, the Association recruited a new Development Officer to take the staff compliment to four for the first time to support the needs of our growing membership and the thriving Movement.

Income for the period totalled £112,734 with core running costs totalling £101,417 leaving a small operating surplus of £11,317 for the financial year. Continued operation has been exceptionally challenging as the SMSA saw a £15,000 reduction in funding from the Scottish Government down to £45,000. Thankfully, we continued to be supported with multi-year support from two funders and are extremely grateful to have received the second of three-year funding from both the William Grant Foundation (£40,000) and The Robertson Trust (£20,000).

This support, along with a generous donation of £3,550 from the Scottish Practice Nurse Association and rent-free office space that was negotiated during lockdown has been a lifeline for the charity and enabled us to continue with our vital work.

Our operating costs increased on top of this decrease in income. These increases are mainly attributable to the growth of the staff team and there has also been an increase in travel costs to £1,858 compared to only £72 the previous year while in lockdown and travel restrictions were in place. This year's figure however is still low in comparison to pre-Covid expenditure, and whilst it may well increase in the coming year, we continue to seek efficiency savings in the day-to-day running of the charity. Staff and Board members travel on public transport and maximise the use of virtual meetings wherever possible to not only decrease our expenditure but also reduce the impact our organisation has on the environment.

Like many charities, the year ahead looks uncertain as we experience an ever-increasing demand for our services and rising operating costs.

Nevertheless, the Association's dedicated staff team and Board of Trustees will strive to secure long-term funding and sustainability to ensure we continue to be here to support the Men's Sheds Movement in Scotland for many years to come.



KEY HIGHLIGHTS OF THE YEAR



Increase in the number of SMSA Individual Members up to 2,935 +7%



Increase in the number of **SMSA Shed Members** up to **148**



£15,000

Reduction in Funding allocated by The Scottish Government Creation of a new SMSA Membership Services Pack—an SMSA support toolkit for Shed Trustees





The SMSA improved support through the expansion of its core team. The Association recruited a Development Officer to further support existing, developing and proposed Men's Sheds across Scotland



Ensuring the voice of the Scottish Men's Sheds Movement is heard and represented at relevant local and national events

Events included the Education Scotland webinar for teachers; the Adult Mental Health Scotland Digital Conference; a national event on Community Asset Transfer and a cross-nation event on Demystifying Social Prescribing for Men's Sheds.



The SMSA joined 11 other countries, representing an estimated 3,500 Men's Sheds worldwide, at the new alliance of international Men's Sheds Association the Global Men's Shed Forum





average pageviews per month to SMSA website

1,467

visits per month to the 'Find a Shed' map

	Unrestricted	Restricted	Expendable	Permanent	Total funds	Total funds last
	funds	funds	endowment funds	endowment funds	current period	period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	4,160				4,160	2,303
Legacies						
Grants	105,000				105,000	232,500
Receipts from fundraising activities					-	
Gross trading receipts						
Income from investments other than land and	1000				9252	
buildings (Bank Interest)	24				24	27
Rents from land & buildings					-	
Gross receipts from other charitable activities	3,550	-			3,550	656
A1 Sub total	112,734	-	•	-	112,734	235,486
A2 Receipts from asset & investment sales	1		[]			[
Proceeds from sale of fixed assets	6		12 12		•	
Proceeds from sale of investments A2 Sub total	-	-	-	-	-	-
Total receipts	112,734	-	-	-	112,734	235,486
A3 Payments			-			
Expenses for fundraising activities					-	
Gross trading payments						
Investment management costs	ļ.				-	-
Payments relating directly to charitable activities	101,226	53,854			155,081	98,372
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	191				191	422
Preparation of annual accounts					-	
Legal costs						
Other						-
			1		-	-
A3 Sub total	101,417	53,854	-		155,271	98,794
A4 Payments relating to asset and						
investment movements						
Purchases of fixed assets			-			-
Purchase of investments					-	
A4 Sub total	-	-	-	·		-
Total payments	101,417	53,854		· · · · ·	155,271	98,794
Net receipts / (payments)	11,317	(53,854)	-	-	(42,537)	136,692
A5 Transfers to / (from) funds						
onen under inter sinder heren det Marchala (2011)						
Surplus / (deficit) for year		Q //	5	-		

Section B Statemer	nt of balances	27.25.19220114522					
Categories	Details	Unrestricted funds to nearest £	Restricted funds	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period
B1 Cash funds	Cash and bank balances at start of year	82,493	93,177	to nearest t.	to nearest 1	175,670	38,978
	Surplus / (deficit) shown on receipts and payments account	11,317	(53,854)			(42,537)	136,692
	paymente account						
	Cash and bank balances at end of year	93,810	39,323			133,133	175,670
	(Agree balances with receipts and payments						
	account(s))						
	Details			Fund to which	asset belongs	Market valuation	Last year
B2 Investments				[to nearest £	to nearest £
				L	Total		
					Total		
	Details		Fund to which	asset belongs	Cost (if available)	Current value (if available)	Last year
B3 Other assets			ſ		to nearest £	to nearest £	to nearest £
				Sector Science 1			
				Total	<u> </u>	· ·	·
	Details			Fund to which	liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities						-	
				-			
					Total	<u> </u>	· ·
	Details			Fund to which	liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities							
					Total		-
					Total		



Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)					
	Type of activity or project s	supported	Individual / institution	Number of grants made	£
C2 Grants	General		Scottish Gov	1	45,000
	General		William Grant	1	40,000
	General		Robertson T	1	20,000
				Total	105,000
C3a Trustee remuneration	If no remuneration was paid during t a trustee cross this box (otherwise co	he period to any ch omplete section 3b	narity trustee or per)	son connected to	x
	Auth	ority under which	paid		3
C3b Trustee remuneration -					
details					
C4a Trustee expenses	If no expenses were paid to any cha (otherwise complete section 4b)	rity trustee during t	the period then cros	ss this box	
				Number of trustees	£
C4b Trustee expenses -	Accommodation, Travel & Subsister	ice		1	441
details					
	Nature of relationship	Nature of	transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with					
trustees and connected					
persons	2				
C6 Other information					

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Donation various	169				169	700
PayPal Giving Fund UK	105				105	161
Facebook	130				130	-
AmazonSmile & Europe	149				149	69
easyfundraising	56				56	114
Virgin Money Giving					-	276
Aviva					-	482
The Mission group					-	500
Scottish Practice Nurse Association	3,550				3,550	-
Total	4,160	-			4,160	2,303

2 Grants	funds	tted funds Total current period earest £ to nearest £	Total last period to nearest £
Scottish Government	45,000	45,000	160,000
William Grant Foundation	40,000	40,000	45,000
The Robertson Trust	20,000	20,000	20,000
Scottish Community Alliance			7,500
Total	105,000	- 105,000	232,500

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Shed Membership Subscriptions	3,550				3,550	656
					÷	
					-	
		s	4		- ¥.	
Total	3,550	-	-	-	3,550	656

4 Payments relating directly to charitable activities

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Trustee expenses	441				441	236
Staff expenses (not included in Travel, subsistence & accommodation)	117				117	55
Pension	4,478				4,478	3,774
Office costs, Printing costs & Postage	2,722				2,722	1,688
Staff costs	85,020				85,020	61,784
Membership costs & subscriptions	1,408				1,408	1,000
Travel (inc. Mileage), subsistence & accommodation	1,858				1,858	72
Telephone, internet & website	2,533				2,533	1,380
Rent & insurance	511				511	844
Bank charges	192		10		192	75
Project spending		53,854			53,854	27,464
Advertising and sundry	1,946				1,946	-
Total	101,226	53,854	-		155,081	98,372

Additional analysis (2)

5 Breakdown of unrestricted funds						
	Unrestricted fund 1 - enter	Unrestricted fund 2 - enter	Unrestricted fund 3 - enter	Unrestricted fund 4 - enter		
	name of fund	name of fund	name of fund	name of fund		
	below	below	below	below		
	Unity Trust Bank Accounts (Current &				Total unrestricted funds	Total unrestricted funds last period
Pasainte	Instant Access)					
Receipts Donations	4.400				4.400	0.000
	4,160				4,160	2,303
Legacies	105 000				-	
Grants	105,000				105,000	125,000
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land	24				24	27
and buildings (Bank Interest)	24				24	21
Rents from land & buildings	3,550				3,550	656
Gross receipts from other charitable activities	112,734					
Sub total	112,734	<u> </u>	<u> </u>		112,734	127,986
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	
Total receipts	112,734	-	-	-	112,734	127,986
-						
Payments Expenses for fundraising activities						
Gross trading payments	· · · · · ·				-	<u>//</u>
Investment management costs					(
Payments relating directly to charitable	101.000				101,226	69,199
Grants and donations	101,226					09,199
Governance costs:					-	
Audit / independent examination	101				-	422
	191		-		191	422
Preparation of annual accounts					-	
Legal costs						
Cut total	101,417				0322	CO CO1
Sub total	101,417	<u> </u>			101,417	69,621
Payments relating to asset and						
investment movements			1944		40	· · · · · · · · · · · · · · · · · · ·
Purchases of fixed assets					-	
Purchase of investments						
Sub total	-	-	-	-		
					-	
Total payments	101,417	-	-	-	101,417	69,621
Net receipts / (payments)	11,317	•	-	-	11,317	58,365
Transfers to / (from) funds						
Surplus / (deficit) for year	11,317		-	-	11,317	58,365



Additional analysis (3)

Receipts

6 Breakdown of restricted funds

Restricted fund 1 - enter name of

Restricted fund Restricted fund 2 - enter name of 3 - enter name of

Restricted fund 4 - enter name of fund below

Total restricted funds

Scottish Community Alliance

Scottish Gov

Total restricted funds last period

Legacies	
Grants	107,500
Receipts from fundraising activities	
Gross trading receipts	
Income from investments other than land and buildings	
Rents from land & buildings	
Gross receipts from other charitable activities	
Sub total	107,500
Receipts from asset & investment sales	
Proceeds from sale of fixed assets	
Proceeds from sale of fixed assets	
Proceeds from sale of fixed assets	-
Proceeds from sale of fixed assets Proceeds from sale of investments	- 107,500
Proceeds from sale of fixed assets Proceeds from sale of investments Sub total	- 107,500
Proceeds from sale of fixed assets Proceeds from sale of investments Sub total	- 107,500
Proceeds from sale of fixed assets Proceeds from sale of investments Sub total	- 107,500

Sub total	-	53,854	-	53,854	29,173
				-	
				-	
Legal costs				-	
Preparation of annual accounts				-	
Audit / independent examination				-	
Governance costs:					
Grants and donations				-	
Payments relating directly to charitable activities		53,854		53,854	29,173
Investment management costs				-	-
Gross trading payments				-	
Expenses for fundraising activities				-	

Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	· · ·	•	-	•	•	•
Total payments	-	53,854	•	•	53,854	29,173
Net receipts / (payments)	-	(53,854)	· ·	•	(53,854)	78,327
Transfers to / (from) funds					· · ·	
Surplus / (deficit) for year	· ·]	(53,854)	-	-	(53,854)	78,327



oscr

Office of the Scottish Charity Regulator

	Independent examiner's report on the accounts v2							
Report to the	Charity name							
trustees/members of	Scottish Men's Sheds Association							
Registered charity number	SC045139							
On the accounts of the	Period start date				Period end date			
charity for the period	Day Month Year		Year		Day	· · · · · · · · · · · · · · · · · · ·	Year	
generalizzanten 🔎 onditazo igazi on 🖣 onzo izaziologi	01	April	2021	to	31	March	2022	
Set out on pages	(remember to include the page numbers of additional sheets)							
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.							
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.							
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*] 1. which gives me reasonable cause to believe that in any material respect the							
	 which gives the reasonable cause to believe that in any matchartespect the requirements: to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations 							
	have not been met, orto which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be mached.							
Cianad	U Sim Date: 13/05/22							
Signed:				n 1 Tar Dar India	Date:	13/05/22		
Name:	Wilma S	im FCCA (non-prac	ticing)				
Relevant professional qualification(s) or body (if any):								
Address:	Address: Thyme Accountants							
		Carden Place						
	Aberdeen							
	AB10 1UP							

MEET THE TEAM

SMSA STAFF



Jason Schroeder CHIEF EXECUTIVE OFFICER



Tim Green DEVELOPMENT OFFICER



Sue Salter ADMINISTRATOR



Michelle Wibrew COMMUNICATIONS & PR OFFICER

SMSA PATRON AND BOARD OF TRUSTEES



Sir Harry Burns PATRON



David Gardner CHAIRPERSON



Jon Searle TREASURER



Wilson George SECRETARY



Charlie Miller TRUSTEE



Dick Monaghan TRUSTEE



Archie Peebles TRUSTEE





BECOME AN INDIVIDUAL MEMBER FOR FREE

By joining the SMSA, together we are strengthening the Men's Sheds Movement in Scotland. SMSA Individual Members receive:

- A welcome pack and goodies
- Full members' access to the SMSA website
- Latest news on the Movement
- 'The Scottish Shedder' magazine direct to your inbox
- Advice and assistance

Pick up a SMSA leaflet in your local Shed or visit www.scottishmsa.org.uk/join-smsa

Follow the SMSA at:



'In Scotland, For Scotland' SMSA is a charity registered in Scotland (No. SC045139)

SCOTTISH MEN'S SHEDS ASSOCIATION

The SMSA would like to acknowledge and express our sincere thanks to the following individuals, partners and funders for their continued support for the development and growth of the Men's Shed Movement in Scotland:

Our Staff Team Our Trustees Our Patron Our Shed Members Our Individual Members Our Funders:

Donations from the public and organisations MacMillan Cancer Support The Robertson Trust Scottish Community Alliance The Scottish Government The William Grant Foundation

SCOTTISH MEN'S SHEDS ASSOCIATION

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